

SAN VICENTE CATHOLIC SCHOOL

SEPTEMBER 2019 MENU

	9/2/19	09//30/19 MON	09/03/2019 Tuesday	09/04/2019 Wednesday	09/05/2019 Thursday	09/06/2019 Friday
BREAKFAST	H	Corned Beef	Chicken Nuggets	Asst'd Pastries	Pork Links Sausage	Fried Rice
	O	Rice/Oranges	Milk	Banana	Rice	Spam
	L	Water/Juice	Oranges/Water/Juice	Water/Juice	Pineapple/Water/Juice	Slice Apples/Water/Juice
LUNCH	I	Pancit	Pork Steak	Mixed Pancit w/Chicken	Beef Stir Fry	Chicken Strip w/Ketchup
	D	Dinner Rolls	Steamed Rice	Dinner Rolls	Steamed Rice	Steamed Rice
	A	Vanilla Cake	Corn	Pineapple	Melon	Green Salad
	Y	Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
	09/09/2019 Monday	09/10/2019 Tuesday	09/11/2019 Wednesday	09/12/2019 Thursday	09/13/2019 Friday	
BREAKFAST		Vienna Sausage	Spam	Portuguese Sausage	Asst'd Pastries	Chicken Tocino
		Rice	Fried Rice	Rice & Ketchup	Milk	Rice
		Oranges	Watermelon	Banana	Peaches	Cantaloupe
		Water/Juice	Water/Juice	Water/Juice	Water/Juice	Water/Juice
LUNCH		Beef Bulgogi	Chicken Curry	Spaghetti w/meat sauce	Baked Chicken	Hotdog w/chili
		Steamed Rice	Steamed Rice	Dinner Rolls	Steamed Rice	French Fries
		Vegetables	Melon	Corn	Coleslaw/finadene	Cookie/Salad
		Pineapple/Water/Juice	Water/Juice	Cookie/Water/Juice	Velvet Cake/Water/Juice	Water/Juice
	09/16/2019 Monday	09/17/2019 Tuesday	09/18/2019 Wednesday	09/19/2019 Thursday	09/20/2019 Friday	
BREAKFAST		Corned Beef	Bacon	Asst'd Pastries	Cereals	Fried Rice
		Rice	Fried Rice	Banana	Milk	Spam
		Oranges	Peaches	Water/Juice	Melon	Slice Apples
		Water/Juice	Water/Juice		Water/Juice	Water/Juice
LUNCH		Chicken Stir Fry	Beef Caldereta	Cheese Burger	Chicken Adobo	Pepperoni Pizza
		Steamed Rice	Steamed Rice	French Fries	Steamed Rice	Garden Salad
		Brownie	Oranges	Lettuce/pickles	Pineapple	Cookie
		Water/Juice	Water/Juice	Cookie/Water/Juice	Water/Juice	Water/Juice
	09/23/2019 Monday	09/24/2019 Tuesday	09/25/2019 Wednesday	09/26/2019 Thursday	09/27/2019 Friday	
BREAKFAST		Ham and Mayo	Corned Dog	Musubi	Asst'd Pastries	Sausage Links
		Oranges	Banana	Peaches	Pineapple	Rice
		Water/Juice	Water/Juice	Water/Juice	Water/Juice	Slice Apples/Water/Juice
LUNCH		Adobo PorkSpareribs	Fried Chicken	Beef Steak	Yakisoba	Pot roast w/vegetables
		Rice	Steamed Rice	Steamed Rice	Rolls or Steamed Rice	Steamed Rice
		Brownie	Lettuce/Cucumber	Oranges	Coleslaw	Pineapple
		Water/Juice	Cookie/Water/Juice	Water/Juice	Water/Juice	Water/Juice