## February 2018 Menu for LSG SKY CHEFS Non-Airlines SAN VICENTE CATHOLIC SCHOOL

| BF1 Portuguese Sausage LSG Bacon Beef Tapa with Onions Fired Rice with Scrambled Eggs Garlic Fried Rice Eggs Garlic Fried Rice European Theme European Theme Funday Theme European Theme Faculty  Entrée 1 Pot Roast Barbecue Ribs Rosemary Chicken Steamed White Rice Scrambled Eggs Fried Rice with Scrambled Eggs Scrambled Eggs Fried Rice with Soft Roll  Entrée 1 Mac and Cheese with Soft Roll  Entrée 2 Meatloaf with Mushroom Chicken Adobo Pork Menudo Chicken Tinola Shrim Starch Steamed White Rice Scrambled Eggs Hard Bc Scrambled Eggs Scrambled Eggs Hard Bc Scrambled Eggs Steamed White Rice Steamed Whi | asses Schools rence  day eb e Sausage ed Eggs White Rice or Fiesta e Chicken      |
|--|---|
| BF2 Scrambled Eggs BF-ST Steamed White Rice Theme American Theme Entrée 1 Pot Roast Barbecue Ribs Starch Steamed White Rice Soup Cream of Broccoli BF-ST Steamed White Rice BF-ST Steamed White Rice Soup Cream of Broccoli BF-ST Steamed White Rice BF-ST Steamed White Rice Soup Cream of Broccoli BF-ST Steamed White Rice Steamed White Rice BF-ST Steamed White Rice Steamed White Rice BF-ST Steamed White Rice Steamed White Rice Steamed White Rice BF-ST Steamed White Rice Steamed White Rice Steamed White Rice BF-ST Steamed White Rice Steamed White Rice Steamed White Rice BF-ST Steamed White Rice St | Schools<br>rence<br>day<br>feb<br>e Sausage<br>ed Eggs<br>White Rice<br>to Fiesta |
| BF-ST   Steamed White Rice   Eggs   Garlic Fried Rice   European Theme   European Theme   European Theme   Faculty   Fried Rice   Steamed White Rice   Ste   | Schools<br>rence<br>day<br>feb<br>e Sausage<br>ed Eggs<br>White Rice<br>to Fiesta |
| Theme         American Theme         Funday Theme         European Theme         No Classes           Entrée 1         Pot Roast         Barbecue Ribs         Rosemary Chicken           Entrée 2         Chicken Cutlet         Three-cheese Pasta with Soft Roll         Pork Menudo           Starch         Steamed White Rice         Steamed White Rice         Steamed White Rice           Soup         Cream of Broccoli         Sotanghon Soup         Macaroni Soup with Milk           Date         5-Feb         6-Feb         7-Feb         8-Feb         9-           BF1         Sausage Links         Pork Tocino         Beef Tapa         LSG Bacon         Portugue           BF-ST         Steamed White Rice         Garlic Fried Rice         Scrambled Eggs         Scrambled Eggs         Pried Rice with Scrambled Eggs         Scrambled Eggs         Pancakes         Steamed           Entrée 1         Mac and Cheese with Soft Roll         Barbecue Ribs         Pasta Alfredo with Soft Roll         Japanese Beef Curry         Barbecu           Entrée 2         Meatloaf with Mushroom         Chicken Corn Soup         Cream of Mushroom         Steamed White Rice         Steamed White Rice         Steamed White Rice           Soup         Cream of Potato         Chicken Corn Soup         Cream of Mushroom         Steam   | Schools<br>rence<br>day<br>feb<br>e Sausage<br>ed Eggs<br>White Rice<br>to Fiesta |
| Entrée 1   | Schools<br>rence<br>day<br>feb<br>e Sausage<br>ed Eggs<br>White Rice<br>to Fiesta |
| Entrée 2 Chicken Cutlet Steamed White Rice Macaroni Soup with Milk Milk S-Feb S- | day eb e Sausage ed Eggs White Rice fo Fiesta                                     |
| Starch Steamed White Rice Milk Milk Sulvation Soup Wilk Milk Sulvation Soup Wednesday Thursday Friend Rice Steamed White Rice Steamed White Rice Scrambled Eggs Scrambled Eggs Scrambled Eggs Scrambled Eggs Fried Rice with Soft Roll Steamed White Rice Scrambled Eggs | day<br>eb<br>e Sausage<br>ed Eggs<br>White Rice<br>to Fiesta                      |
| Soup   Cream of Broccoli   Sotanghon Soup   Macaroni Soup with Milk  | e Sausage<br>ed Eggs<br>White Rice  |
| Day   Monday   Tuesday   Wednesday   Thursday   Friend    | e Sausage<br>ed Eggs<br>White Rice  |
| Date5-Feb6-Feb7-Feb8-Feb9-BF1Sausage LinksPork TocinoBeef TapaLSG BaconPortuguesBF2Scrambled EggsScrambled EggsFried Rice withScrambled EggsScrambled EggsScrambled EggsBF-STSteamed White RiceGarlic Fried RiceScrambled EggsPancakesSteamedThemeAmerican ThemeFunday ThemeEuropean ThemeAsian ThemeChamonEntrée 1Mac and Cheese with Soft RollBarbecue RibsPasta Alfredo with Soft RollJapanese Beef CurryBarbecueEntrée 2Meatloaf with MushroomChicken AdoboPork MenudoChicken TinolaShrimStarchSteamed White RiceSteamed White RiceSteamed White RiceSteamed White RiceRecSoupCream of PotatoChicken Corn SoupCream of MushroomSotanghon SoupCorrDayMondayTuesdayASH WEDNESDAYThursdayLENTENDate12-Feb13-Feb14-Feb15-Feb16-BF1Sausage LinksBeef TapaTuna CasseroleScrambled EggsHard BcBF-STFried Rice with Scrambled EggsSteamed White RiceSteamed White RiceGarlic Fried RiceSteamedBF-STFried Rice with Scrambled EggsSteamed White RiceSteamed White RiceSteamed White RiceSteamedBF-STPork Pot RoastLasagna with Soft RollPenne Neapolitana with Soft RollStir Fry Vegetables with NoodlesFish Es   | e Sausage<br>ed Eggs<br>White Rice  |
| BF1 Sausage Links Pork Tocino Beef Tapa LSG Bacon Portugues BF2 Scrambled Eggs Scrambled Eggs Fried Rice With Scrambled Eggs Scrambled Eggs Pancakes Steamed Theme American Theme Funday Theme European Theme Asian Theme Chamon Entrée 1 Mac and Cheese with Soft Roll Entrée 2 Meatloaf with Mushroom Chicken Adobo Pork Menudo Chicken Tinola Shrim  Starch Steamed White Rice Steamed White Rice Steamed White Rice Steamed White Rice Soup Cream of Potato Chicken Corn Soup Cream of Monday Tuesday ASH WEDNESDAY Thursday LENTEN  BF1 Sausage Links Beef Tapa Scrambled Eggs Steamed White Rice Steamed White Rice Steamed White Rice Scrambled Eggs Fried Rice with Scrambled Eggs Scrambled Eggs Steamed White Rice Steamed White Rice Steamed White Rice Scrambled Eggs Scrambled Eggs Steamed White Rice Steamed White Rice Scrambled Eggs Scrambled Eggs Steamed White Rice Steamed White Rice Steamed White Rice Scrambled Eggs Scrambled Eggs Steamed White Rice S | e Sausage<br>ed Eggs<br>White Rice<br><b>TO Fiesta</b>                            |
| BF2 Scrambled Eggs Pancakes Steamed Theme American Theme Funday Theme European Theme Pasta Alfredo with Soft Roll Scott Roll Pork Menudo Chicken Tinola Shrimm Starch Steamed White Rice Steamed Whit | ed Eggs<br>White Rice<br>To Fiesta  |
| BF-ST Steamed White Rice Garlic Fried Rice Funday Theme Funday Theme Funday Theme  Entrée 1 Mac and Cheese with Soft Roll  Entrée 2 Meatloaf with Mushroom Chicken Adobo Pork Menudo Chicken Tinola Shrim  Starch Steamed White Rice Steamed Stir Fry Vegetables with Noodles Fish Estament Stir Fry Vegetables with Noodles  | Vhite Rice<br>o Fiesta  |
| ThemeAmerican ThemeFunday ThemeEuropean ThemeAsian ThemeChamonEntrée 1Mac and Cheese with Soft RollBarbecue RibsPasta Alfredo with Soft RollJapanese Beef CurryBarbecueEntrée 2Meatloaf with MushroomChicken AdoboPork MenudoChicken TinolaShrimStarchSteamed White RiceSteamed White RiceSteamed White RiceRecSoupCream of PotatoChicken Corn SoupCream of MushroomSotanghon SoupCornDayMondayTuesdayASH WEDNESDAYThursdayLENTENDate12-Feb13-Feb14-Feb15-Feb16-FebBF1<br>BF2Sausage LinksScrambled EggsTuna CasserolePork TocinoFried BBF-STFried Rice with Scrambled EggsSteamed White RiceSteamed White RiceGarlic Fried RiceSteamedBF-STAmerican ThemeFunday ThemeEuropean ThemeAsian ThemeChamonEntrée 1Pork Pot RoastLasagna with Soft RollPenne Neapolitana with Soft RollStir Fry Vegetables with Noodles  | o Fiesta  |
| Entrée 1 Mac and Cheese with Soft Roll Barbecue Ribs Pasta Alfredo with Soft Roll Japanese Beef Curry Barbecue Ribs Roll Japanese Beef Curry Barbecue Ribs Roll Japanese Beef Curry Barbecue Ribs Roll Steamed White Rice Recommendation Steamed White Rice Steamed White Rice Recommendation Steamed White Rice Recommendation Steamed White Rice Steamed White Rice Recommendation Steamed White Rice Recommendation Recommendation Steamed White Rice Recommendation |   |
| Entrée 2 Meatloaf with Mushroom Chicken Adobo Pork Menudo Chicken Tinola Shrim  Starch Steamed White Rice Steamed Stir Fry Vegetables with Noodles   | Chicken   |
| Starch Steamed White Rice Steame |   |
| SoupCream of PotatoChicken Corn SoupCream of MushroomSotanghon SoupCornDayMondayTuesdayASH WEDNESDAYThursdayLENTENDate12-Feb13-Feb14-Feb15-Feb16-Pork TocinoBF1<br>BF2Sausage LinksBeef Tapa<br>Scrambled EggsTuna CasserolePork TocinoFried B<br>Scrambled EggsBF-STFried Rice with<br>Scrambled EggsSteamed White RiceSteamed White RiceGarlic Fried RiceSteamedThemeAmerican ThemeFunday ThemeEuropean ThemeAsian ThemeChamonEntrée 1Pork Pot RoastLasagna with Soft RollPenne Neapolitana<br>with Soft RollStir Fry Vegetables with<br>NoodlesFish Es  | Patty   |
| DayMondayTuesdayASH WEDNESDAYThursdayLENTENDate12-Feb13-Feb14-Feb15-Feb16-FebBF1<br>BF2Sausage LinksBeef Tapa<br>Scrambled EggsTuna CasserolePork TocinoFried B<br>Scrambled EggsBF-STFried Rice with<br>Scrambled EggsSteamed White RiceSteamed White RiceGarlic Fried RiceSteamedThemeAmerican ThemeFunday ThemeEuropean ThemeAsian ThemeChamonEntrée 1Pork Pot RoastLasagna with Soft RollPenne Neapolitana<br>with Soft RollStir Fry Vegetables with<br>NoodlesFish Estention  | Rice  |
| Date12-Feb13-Feb14-Feb15-Feb16-FebBF1<br>BF2Sausage LinksBeef Tapa<br>Scrambled EggsTuna CasserolePork Tocino<br>Scrambled EggsFried B<br>Scrambled EggsBF-STFried Rice with<br>Scrambled EggsSteamed White RiceSteamed White RiceGarlic Fried RiceSteamedThemeAmerican ThemeFunday ThemeEuropean ThemeAsian ThemeChamonEntrée 1Pork Pot RoastLasagna with Soft RollPenne Neapolitana<br>with Soft RollStir Fry Vegetables with<br>NoodlesFish Es  | Soup  |
| BF1 Sausage Links BF2 Scrambled Eggs BF-ST Fried Rice with Scrambled Eggs Theme American Theme Entrée 1 Pork Pot Roast  Beef Tapa Scrambled Eggs Tuna Casserole Tuna Casserole Tuna Casserole Tuna Casserole Scrambled Eggs Fried Rice Steamed White Rice Steamed White Rice Steamed White Rice Steamed White Rice Funday Theme Funday Theme Funday Theme Penne Neapolitana with Soft Roll Stir Fry Vegetables with Noodles Fish Estantian   |   |
| BF2 Sausage Links Scrambled Eggs Scrambled Eggs Scrambled Eggs Hard Both Scrambled Eggs Scramble |   |
| Scrambled Eggs  Steamed White Rice  Steamed Wh | asa Fish<br>led Eggs  |
| Entrée 1 Pork Pot Roast Lasagna with Soft Roll Penne Neapolitana Stir Fry Vegetables with Noodles Fish Es  | White Rice  |
| Entree 1 Pork Pot Roast Lasagna with Soft Roll with Soft Roll Noodles Pish Es  | o Fiesta  |
| Spaghotti Moatsauco  | cabeche   |
| Entree 2 I   | etables with<br>dles  |
| Starch Steamed White Rice Steamed White Rice Steamed White Rice Rec  | Rice  |
| Soup from Pork Sinigang Chicken Corn Soup Cream of Mushroom Sotanghon Soup Potato  | Chowder   |
|  | day   |
| Date         19-Feb         20-Feb         21-Feb         22-Feb         23-   | Feb   |
| BF1 Sausage Links Portuguese Sausage Beef Tapa with Onions Mac and   | Cheese  |
|  |   |
|  | Pancakes  |
| Theme School Holiday Funday Theme European Theme Asian Theme Chamor  | Vhite Rice  |
| Presidents Day L   |   |
| Entrée 2 Baked Ham with Pineapple Fettucini Alfredo Tuna Casserole Fried F   | White Rice<br>To Fiesta<br>Le Pancit  |
| Starch Steamed White Rice Steamed White Rice Rec   | Vhite Rice<br>o Fiesta  |
| Soup Corn Soup Cream of Mushroom Sotanghon Soup Potato   | White Rice To Fiesta  le Pancit ish with  |