

	Monday	Tuesday	Wednesday	Thursday	Friday
Date--- >	7-Aug	8-Aug	9-Aug	10-Aug	11-Aug
Breakfast					
Breakfast	Pancakes	Fried Rice	Hash Browns	French Toast	White Rice
	Spam	Longaniza	Pork Link Sausage	Sausage Patty	Portuguese Sausage
	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Lunch is served with choice of (Milk or Water), and (Steamed Veggies, Salad or Fruit of The Day).					
With Choice 1 or 2	Steamed Veggies	Salad	Fruit	Steamed Veggies	Salad
Choice 1 with Starch	Beef Curry	Chicken Teriyaki	BBQ Pork Ribs	Kaarage Chicken	Meatloaf with Gravy
Choice 2 Pasta + Bread	Penne Alfredo w/ Chicken	Fettucini in Mushroom Sauce	Tuna Casserole	Baked Macaroni Ground Beef	Chicken Pancit
Date--- >	14-Aug	15-Aug	16-Aug	17-Aug	18-Aug
Breakfast					
Breakfast	Corned Beef Fried Rice with Eggs	Hash Brown	Pancakes	White Rice	Fried Rice
		Sausage Patty with Country Gravy	Ham	Chicken Tocino	Portuguese Sausage
		Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Egg-Potato Omelet
Lunch is served with choice of (Milk or Water), and (Steamed Veggies, Salad or Fruit of The Day).					
With Choice 1 or 2	Fruit	Steamed Veggies	Salad	Fruit	Steamed Veggies
Choice 1 with Starch	BBQ Short Ribs	Fried Chicken Strips	Sweet and Sour Pork	Basa Fillet with Tartar	Stir Fry Chicken
Choice 2 Pasta + Bread	Pancit with Pork	Yakisoba	Pasta Neopolitan Gr. Beef	Lasagna	Spaghetti with Meatballs
Date--- >	21-Aug	22-Aug	23-Aug	24-Aug	25-Aug
Breakfast					
Breakfast	Pancakes	Fried Rice	Hash Browns	French Toast	White Rice
	Spam	Longaniza	Pork Link Sausage	Sausage Patty	Portuguese Sausage
	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Lunch is served with Rice, choice of Milk or Water, and Steamed Veggies, Salad or Fruit.					
With Choice 1 or 2	Salad	Fruit	Steamed Veggies	Salad	Fruit
Choice 1 with Starch	Baked Ham	Chicken Cutlet	Beef Curry	Kaarage Chicken	BBQ Pork Ribs
Choice 2 Pasta + Bread	Three Cheese Pasta	Baked Macaroni Ground Beef	Seafood Spaghetti White Sauce	Vermicelli in Marinara	Pancit with Shrimp
Date--- >	28-Aug	29-Aug	30-Aug	31-Aug	
Breakfast					
Breakfast	Corned Beef Fried Rice with Eggs	Hash Brown	Pancakes	White Rice	
		Sausage Patty with Country Gravy	Ham	Chicken Tocino	
		Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	
Lunch is served with Rice, choice of Milk or Water, and Steamed Veggies, Salad or Fruit.					
With Choice 1 or 2	Steamed Veggies	Salad	Fruit	Steamed Veggies	
Choice 1 with Starch	Mahi in Creamy Butter Sce	Sweet and Sour Pork	Beef with Broccoli	Chicken Estufao	
Choice 2 Pasta + Bread	Penne in Garlic Tomato Sauce	Lasagna	Yakisoba	Tuna Casserole	

Breakfast is Bi-weekly rotation, Lunch is monthly rotation.